



Villa
Seriska
Bali

SANUR | SEMINYAK | JIMBARAN

SPA TREATMENTS

www.seriska.com

Spa Treatments

A perfect holiday includes relaxation of the mind and body.

Pamper yourself with a rejuvenating spa treatment or soothing massage with Villa Seriska. Our therapists will provide your chosen treatment at the time of your choosing within the privacy of our villa.

❁ The Seriska Experience ❁

- Hot Ginger Tea and cold scented towel
- Balinese Traditional Massage: A soothing combination of gentle stretches, acupressure, reflexology and aroma therapy to revitalise the whole body.
- Body Scrub: A gentle natural cleaning treatment, the scrub will remove dead skin cells and reveals a softer more supple skin texture.
- Facial: Realize your dream of having a fresh healthy and younger looking skin with this traditional treatment. It also relieves the tension around your neck leading to overall relaxation.
- Tropical Juice and Fruit Platter

Duration: 120 minutes

IDR 650,000



❁ Couples Experience ❁

- Hot Ginger Tea and cold scented towel
- Balinese Traditional Massage: This combines gentle to strong pressure which improves blood flow and reinstates a relaxed and rejuvenated sense of being
OR Shiatsu Massage: Traditional Japanese style massage with stronger pressure to soothe tired muscles and nerves.
- Foot Massage: A massage based on the principle that the body has natural energy, by applying pressure to specific points around the feet for the benefit of the whole body
OR Facial treatment: Realize your dream of having a fresh healthy and younger looking skin with this traditional treatment. It also relieves the tension around your neck leading to overall relaxation.
- Tropical Juice and Fruit Platter

Duration: 120 minutes

IDR 900,000

All price include tax and service





❁ Traditional Massage ❁

Balinese Traditional Massage

A soothing combination of gentle stretches, acupressure, reflexology, and aroma therapy to revitalise the whole body.

Duration: 60 minutes | IDR 250,000

Back, Neck and Shoulder Massage

A massage of your shoulder back, neck, head and hand which will help your body relax and revitalise

Duration: 60 minutes | IDR 250,000

Foot Massage

A massage based on the principle that the body has natural energy, by applying pressure to specific point around the feet for the benefit of the whole body.

Duration: 60 minutes | IDR 250,000

Aroma Therapy Massage

Massage that relaxes the nervous system, balancing the mind, body and soul resulting in a sense of well-being using soft pressure.

Duration: 60 minutes | IDR 300,000

Hot Stone Massage

Natural black river stones will be heated and applied to your body with soft massaging stroke.

This is designed to improve blood circulation.

Duration: 60 minutes | IDR 300,000



All price include tax and service

❁ Traditional Massage ❁

Shiatsu Massage

Traditional Japanese style massage with stronger pressure to soothe tired muscles and nerves.

Duration: 60 minutes | IDR 300,000

Swedish Massage

Massage using traditional technique of finding acupressure points with massaging movements.

Duration: 60 minutes | IDR 300,000

Deep Tissue Massage

This therapeutic energizing massage will focus on a combination of kneading deep pressure and stretching to relieve tension to stimulate circulation and body flexibility.

Duration: 60 minutes | IDR 300,000

Hot Herbal Massage

Full body Massage using warm herbal spice clove oil

Duration: 60 minutes | IDR 300,000



❁ Beauty Treatments ❁

Facial

Realize your dream of having a fresh healthy and younger looking skin with this traditional treatment. It also relieves the tension around your neck leading to overall relaxation.

Duration: 60 minutes | Rp 250,000

Pedicure

Treatment of feet and nails removing dead skin cells and offering skincare using moisturiser and massage.

Duration: 60 minutes | Rp 250,000

Manicure

A cosmetic beauty treatment for the fingernails and hand.

Duration: 60 minutes | Rp 200,000

All price include tax and service

